

THE PAUL PHILLIPPE RESOURCE CENTER

NOVEMBER 2022 /ISSUE 3



ALL ABOUT PPRC

The Paul Phillippe Resource Center (PPRC) provides a wide variety of services and programs for Frankfort's Senior citizens aged 55 and up. Some services we offer include encouragement, peer interaction, social activities, recreation, meals at the center and meals delivered to residents (see back page for details) who are unable to come to the center. The Paul Phillippe Resource Center is a center made up of patrons, staff, community sponsors, and other volunteers who care about each other. Please come and visit with us!

CONTACT US

The Paul Phillippe Resource
Center

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THE FIRST THANKSGIVING

What are you thankful for?

The "first" Thanksgiving was celebrated by the Pilgrims after their first harvest in the New World in October 1621. The feast lasted three days and was attended by 90 Wampanoag Native American people and 53 Pilgrims (all survivors of the Mayflower). As we sit down and gather with our friends and family this year let us be reminded of those that came before us and the sacrifices they made. May your holiday season be filled with thankful moments and a world that has peace.

WHAT CAN WE OFFER?

Help us by giving us your opinion.

We have our 2022 Surveys out and available for you to pick up. This is an anonymous tool for you to fill out and let us know how we can make things better here at the Center and through our programs.

Let us know things you would like to see us offer or ways we can help our community.

We appreciate our Seniors...you are the backbone of our organization!

NEED A RIDE? WE PROVIDE!

Paul Phillippe Resource Center has been a public transportation provider since 2005. We take anyone of any age anywhere in Clinton County. We operate Monday-Friday 7 AM-5 PM. We can take you to the doctor, work, Pharmacy, grocery shopping, or anywhere else you need to go in Clinton County. We prefer 24 hour advance notice but will try to accommodate same day transportation. Call a dispatcher at 765-659-4060 to set up your public transportation ride today! We are here to get you where you need to go!



HOW DO I USE PUBLIC TRANSPORTATION?

I think we have been known as the Senior Center for so long that people think our transportation is only for elderly and handicapped individuals. Good news.....It's for anyone of any age .

We can help you get to work, to the grocery store, the doctor's office, Walmart, pharmacy, or other places that you can request. We will take you anywhere in Clinton County and we also go to Lafayette and Lebanon as a courtesy trip. We are working really hard to do more same day trips , so if you have somewhere you need to go on the same day give us a call and let us try to help.

We are funded through the 5311 INDOT program and our local County Commissioners are the pass through for our wonderful program. We are here to serve our community and we operate on a donation basis. We have suggested donation amounts, but you can donate whatever you can afford in order to ride our system.

We are one of the only public transit systems in the state that does not charge a set fee and works on donations. We know that the rising costs of goods, services and gas make it hard for some people to get to much needed appointments. So, let us be your transportation Provider.

If you have questions call and let us explain our system to you or ask us to mail you a rider guide and brochure.

For the past several weeks we have been working on college applications at the Layton household. How can this be? How can my youngest child be graduating from high school this spring?

It's hard for me not to associate her entrance into this world without thinking about the Senior Center. I was pregnant with Emmy when I accepted the job at the Paul Phillippe Resource Center 18 years ago in November.

Emmy actually spent the first six months of her life being a daily visitor to the center and was surrounded by the world's most amazing substitute grandmas and grandpas. She has literally grown up with the Senior population and the participants who frequent our doors. She has made great friends, gotten lots of hugs and has even felt the greatest loss when we lose one of our beloved Center friends.

To say I am handling the thought of her leaving my nest empty is the very far

from the truth. She brings a joy to my life that is somewhat indescribable. We laugh a lot, we sing a lot, we shop together, and even at times cry together. Through good and bad, Emmy is always a light in my life.

We as parents give them all we can and pray deeply as we watch them start their independent lives. It was super hard with my boys to watch them go, but as I sit back and reflect and see how wonderful they are doing I know that she will be just fine without me and her dad just like they were.

So celebrating my 18th year working at the Center is bittersweet I guess you could say because while somethings remain the same....the more other things have a tendency to change.

She was a miracle 18 years ago and if you don't know the story, please stop by and spend some time with me and I will share with you the miracle of Emmy.



**"SOMETIMES WHEN I
NEED A MIRACLE, I
LOOK INTO MY
DAUGHTERS EYES
AND REALIZE I'VE
ALREADY CREATED
ONE"**

EVENTS CALENDAR

Page 4

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 11:30 Lunch 12:00 Low Impact Zumba 12:30 Health Checks 1:00 Snack N Learn	2 10:00 Exercise 11:30 Lunch 1:00-3:00 Corn Toss	3 9:00 Watercolor 11:30 Lunch	4 11:30 Lunch 12:00 Low Impact Zumba 1:00 Game Room Fellowship
7 9:00-3:00 SHIP Medicare Open Enrollment 10:00 Exercise 11:30 Health Checks 11:30 Lunch 12:30 Bingo	8 11:30 Lunch 12:00 Low Impact Zumba 12:30 Bingo	9 10:00 Exercise 11:30 Lunch N Learn 12:30 Book Club 1:00-3:00 Corn Toss	10 9:00 Watercolor 9:00 Leave for Gift and Hobby Show 11:30 Lunch	11 11:30 Lunch 12:00 Low Impact Zumba 1:00 Game Room Fellowship
14 10:00 Exercise 11:30 Lunch 11:30 Health Checks 12:30 Bingo	15 11:30 Lunch 12:00 Low Impact Zumba 5:00-7:00 Game Night Game Room and Corn Toss will be available	16 10:00 Exercise 11:30 Lunch 1:00-3:00 Corn Toss	17 8:30 Leave for Movie** 9:00 Watercolor 11:30 Lunch	18 11:30 Lunch 12:00 Low Impact Zumba 1:00 Game Room Fellowship
21 10:00 Exercise 11:30 Lunch 12:30 Bingo	22 12:00 Thanksgiving Lunch 12:00 Low Impact Zumba	23 10:00 Exercise 11:30 Lunch 12:30 Book Club 1:00-3:00 Corn Toss	24 Closed	25 Closed
28 10:00 Exercise 11:30 Lunch 12:30 Bingo	29 11:30 Lunch 12:00 Low Impact Zumba	30 10:00 Exercise 11:30 Lunch 1:00-3:00 Corn Toss	** Movie \$1- American Underdog Lunch at Flapjacks Bus donation welcome	Programs sponsored in part by: 

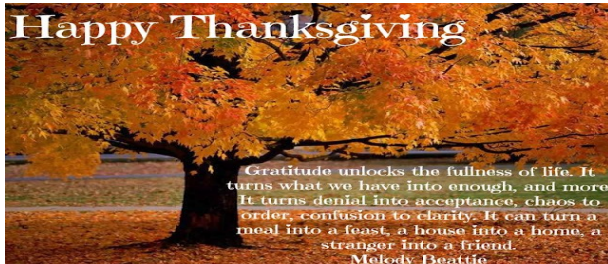
NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Country Fried Steak Yams 1/2 C Country Blend 1/2 C Bread/Margarine Tropical Fruit 1/2 C Milk	2 Meatballs (6) Gravy 1/4 C Noodles 1/2 C Green Beans 1/2 C Corn 1/2 C Strawberry Cup Milk	3 Scrambled Eggs Bacon (1 Strip) Tater Tots 1/2 C Apple Slices w/ Raisins 1/2 C Donut Hole Milk	4 Chicken Fajitas 3 oz Pepper & Onions 2 oz Broccoli 1/2 C Black Beans 1/2 C Tortilla for sites Mixed Fruit 1/2 C Milk
7 Fish Square Baked Beans 1/2 C Brussel Sprouts 1/2 C HB Bun Flavored Applesauce 1/2 C Milk	8 Chicken and Dumplins 3/4 C Mashed Potatoes 1/2 C Green Beans 1/2 C Mixed Fruit 1/2 C Milk	9 Chopped Steak Onion Gravy 2 oz Cheesy Potatoes 1/2 C Stewed Tomatoes 1/2 C Bread/Margarine Tropical Fruit 1/2 C Milk	10 Smoked Sausage Peppers & Onions 2 T Roasted Swt Pot 1/2 C Country Blend 1/2 C HD Bun Pears 1/2 C Milk	11 Spaghetti 1/2 C Meatsauce 3/4 C Italian Vegetables 1/2 C Hot Spiced Peaches 1/2 C Milk
14 Pork Roast 2 oz Gravy 1/4 C Potatoes & Carrots 1/2C Cauliflower 1/2 C Peach Cobbler Bread/ Margarine	15 Salisbury Steak Mashed Potatoes 1/2 C Country Blend 1/2 C Juice Moon Pie Milk	16 Loaded Tots Peas & Carrots 1/2 C Blueberry Pear Crisp Milk	17 Meatloaf Baby Bakers Green Beans 1/2 C Bread/Margarine Mandarin Oranges 1/2 C Milk	18 Macaroni & Cheese 1 C Ham Broccoli 1/2 C Glazed Carrots 1/2 C Pineapple 1/2 C Milk
21 THANKSGIVING DINNER Turkey/Dressing/Gravy Green Bean Casserole Roasted Sweet Potatoes Roll/Margarine Pumpkin Pie Milk	22 Chicken Patty Scalloped Potatoes 1/2 C Green Beans 1/2 C Bun Cookie Milk	23 Ham & Beans 1 C Spinach 1/2 C Apple Cobbler Corn Muffin/ Margarine Milk	24 Smoky Links (5) Potato Pancakes (4) Country Blend 1/2 C HD Bun Sherbet Milk SITES CLOSED	25 Beef Stew 3/4 C Biscuit 1/2 Cauliflower 1/2 C Hot Fruit Salad 1/2 C Milk SITES CLOSED
28 Ribette w/ BBQ Sauce Mac N Cheese 1/2 C Brussel Sprouts 1/2 C HD Bun Flavored Applesauce 1/2 C Milk	29 Beef & Noodles 3/4 C Mashed Potatoes 1/2 C Green Beans 1/2 C Peaches 1/2 C Cupcake Milk	30 Chicken Fried Chicken Mashed Swt Pot. 1/2 C Beets 1/2 C Bread/Margarine Mixed Fruit 1/2 C Milk		



THEATER THURSDAY November 17th

We will be leaving the center at 8:30 am to watch "American Underdog" at the Lebanon Movie Theater. After the movie, we will eat lunch at Flapjacks. The movie costs \$1 and you are responsible for your own lunch. Bus donations are welcome!



LUNCH "N" LEARN November 9th at 11:30 AM

Wesley Manor will be hosting a lunch n learn. They will be discussing Slip' n Falls with information from their physical therapy department. Stop in or call us to sign up for this free activity by 11/3.



GIFT AND HOBBY SHOW November 10th

Join us for a day at the gift and hobby show in Indianapolis. This is a great time to start on your Christmas shopping. The bus will leave at 9 am, the cost for this trip is \$20 and that includes admission, parking and bus fees.

Shop Till you drop!

Buy your friends a Christmas Present!

Make New Friends!

Buy some fudge!

Get new Hobby Ideas!



BOOK CLUB

November 9th and 23rd
Book to be announced at the
November Meeting.



CORN TOSS

Wednesdays from 1 pm -3 pm

Come join us for corn hole in the dining room every Wednesday. This is a new activity and is super popular. Come join us for some fun and competition.



GAME NIGHT

Tuesday November 15th
5 pm -7pm

We will be hosting an evening game night. Euchre, Dominoes, Sequence and more are available to play.



THANKSGIVING

Tuesday November 22nd
at 12:00 PM

Dining Room

Please join us for Thanksgiving Lunch sponsored and hosted by **Genda Funeral Home**. Stop in or call us to sign up.

Lunch will be provided but please feel free to bring a dessert to share.



BINGO

We have bingo every Monday and the second Tuesday of each month. Come out and play some bingo and meet our incredible sponsors. Rumor has it everyone wins a prize.

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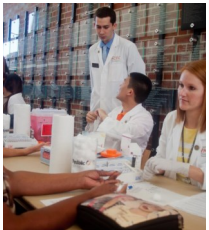
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MEDICARE OPEN ENROLLMENT

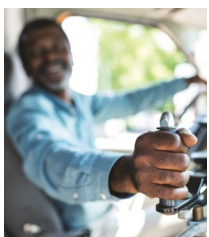
NOVEMBER 7TH 9 AM-3 PM

Judy with SHIP will be here on November 7th from 9 AM-3 PM for Medicare open enrollment. Stop in for assistance with that process.



HEALTH CHECKS

Healthy Communities of Clinton County does health checks once a month. Check your blood pressure, weight, blood sugar, and gives you a health awareness pamphlet.



PPRC

PROVIDING PEOPLE RIDES COUNTY-WIDE



MIDLAND MEALS

Come eat with us

Did you know that we serve lunch Monday-Friday at the Senior Center? The Midland meals program is available to persons 60+ years of age or disabled and meets income guidelines. Call Brenda Hettinger, between 9 am-1 pm at the Center to see if you qualify.

BUILDING RENTAL:

Rent our facility

Are you looking for a place to hold an event? Did you know we rent out our building? Call Jacque Kauffman at 765-659-4060 to find out more information or to schedule an appointment.

DO YOU WANT TO GO ON OUR BIG TRIP NEXT YEAR?

WE WILL BE HEADING OUT TO MACKINAC ISLAND, MI 9/25/2023-9/29/2023 THE COST FOR THIS BIG TRIP IS \$702.00. THAT INCLUDES 4 DAYS AND 4 NIGHTS. 8 MEALS: 4 BREAKFASTS AND 4 DINNERS. GUIDED TOUR OF MACKINAW CITY, GUIDED CARRIAGE RIDE, BOAT RIDE THROUGH THE SOO LOCKS AND GAMING AT KEWADIN CASINO. MORE INFORMATION TO COME LATER.